## Don't Worry, Be Happy (Why Nothing Matters) v. 3.0 by Norman K. Breslow

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Recently I reread James Michener's novel, "Hawaii". The story starts with a description of the formation of the Hawaiian Islands. Michener described a crack in the ocean floor which, over millions of years, let small amounts of magma (liquid rock) move toward the surface and eventually create the islands. At first the islands were barren, but over more millions of years seeds would be dropped here and there, either carried by winds or dropped by a passing bird looking for food. Eventually trees and other plants took hold. After many millions of years passed, the islands sank. But after many more millions of years, the crack in the floor of the ocean had released enough magma to again create the Hawaiian Islands, and more millions of years passed before the islands again had plant life.

Michener's description of the formation of the Hawaiian Islands may or may not be scientifically correct. However, his description got me to thinking about our life spans. I came to realize that we live one trillionths of a billionth of a quadzillienth of a ten-thousandth jilliaienth of a nanosecond, when compared to the lifetime of our universe.

Following is a partial list of some of the Empires and/or Civilizations and/or countries that have disappeared or are in the process of disappearing over the span of recorded history. Keep in mind that these countries had people who had hopes and dreams and loves and hates, just like you have.

Aztecs, Anasazi, Assyrians, Akkad, Amorite, British, Byzantine, Babylonian, Crete, Canaanite, numerous Chinese dynasties, Etruscan, Freshwater Tribe, Gauls, Girgashite, Goths, Greek, Huns, Hittite, Hivite, Incas, Islamic/Muhammadan, Jubusite, Khmer, Macedonian, Magyar, Mamelukes, Mayan, Mesopotamian, Minoans, Moab, Mohwks, Mohicans, Moravians, Indus Valley, Israel, Upper and Lower Egyptian, Judah, Mongols, Moors, Olmec, Ostrogoth, Ottoman, Palestine, Parthia, Pensacola Indians, Persian, Portugal, Ptolemaic, Perizzite, Roman, Sassanid, Seleucid, Sidon, Sparta, Syria, Timurid, Tyre, U.S.A., Vandals, Visigoths.

In light of the above, I realized how utterly insignificant we are, and how utterly insignificant everything we do is. Now that I've cheered you up, you might want to reconsider those things that you feel are super important, like global warming, or the results of an election, or whatever the *in* thing to worry about is...

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